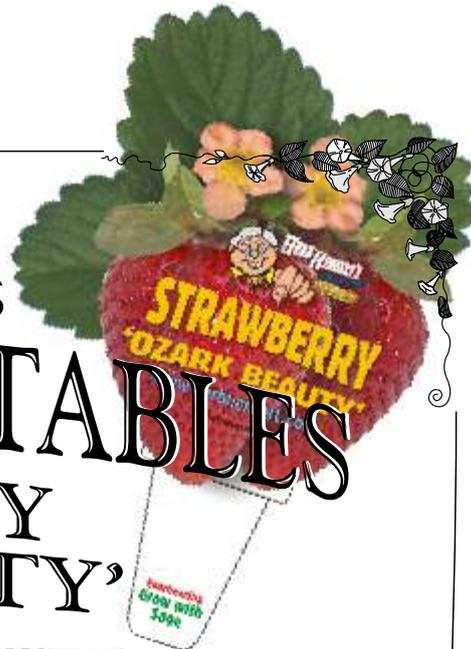


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SPECIAL INTEREST HERBS

GOURMET VEGETABLES

STRAWBERRY 'OZARK BEAUTY'



DESCRPTION
Many call Ozark Beauty the best everbearing strawberry ever. It is a popular and prolific variety that is also extremely hardy and adaptable in a range of garden conditions. It delivers b crops of amazingly large, firm, mildly sweet, juicy scarlet red berries. This is a variety that requires little pampering. Known for its vigorous growth, Ozark Beauty will produce two to three harvests during spring, summer and autumn.

PROPERTIES
A cooling, stringent, tonic herb, with mild diuretic and laxative effects, that improves digestive functions and benefits the skin.

USES
Strawberries are among the most versatile fruits you can grow! Their leaves can be gathered in early summer and dried for use in herbal infusions. Roots can be lifted in autumn and dried for use in decoctions internally they can assist in the treatment of diarrhoea, digestive upsets and gout; and externally for sunburn, skin blemishes, and discoloured teeth. Not to

mention the fruits themselves which are picked in summer and eaten fresh or can be made into dessert, juice, jam, syrup and wine. Ozark Beauty is good for canning, freezing and preserves.

GROWTH
Generally, everbearers like Ozark Beauty are very easy to grow and will do well in almost any garden setting. Pinch off blooms for the first two months on ever bearing strawberries to promote runner production. Be sure not to plant your strawberries anywhere that tomatoes, potatoes, peppers or eggplant have recently been grown as this will expose them to verticillium rot.

CULTIVATION
Strawberries are very adaptable but prefer to grow in rich moist soil in sun or partial shade. Generally they require at least eight hours of full sun each day of the growing season to produce maximum capability. Strawberries are usually grown in a raised bed with plants spaced at 12 in/30cm apart. Surface mulching between plants will prevent weeds, maintain an even soil temperature, keep fruit clean and prevent moisture loss in summer. Grass clippings, compost, straw, sawdust or pine bark are all suitable for mulching. Black polythene sheeting is an excellent mulch for raised beds, and fruiting is earlier because of the warmer soil. Spread the polythene and cut a small slit for each plant and make a depression in the soil to direct water to roots. Strawberries do well in large, tubs or barrels with holes cut in the sides but there are a few non-running varieties suited to this kind of growing. Ozark Beauty is self pollinating but generally, a strawberry bed will be good for three years and then need replacing. Ozark Beauty generally has good disease resistance and can withstand leaf spot and leaf scorch.



Any enquiries can be directed to:

HERB HERBERT P/L PO Box 24 Monbulk Victoria 3793 Australia

E-mail: herb@herbherbert.com

This Herb description is for informal use only; we cannot accept any liability for any harm or illness arising from the misuse of the plant described above

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