

Gourmet Vegetables



Feed the Family

# Peppers Capsicum



*Capsicum annuum*

Few vegetables are as versatile and as pretty in the garden and on the plate as peppers. Both hot and mild peppers are derived from species *Capsicum annuum*, which is native to Mexico and Central America. Seeds have been found in digs from 7,000 BC in Mexico. These would have been wild forms and cultivated dates back 2,000 years. This type of Sweet Pepper is popular in temperate countries and is widely grown in greenhouses in the northern hemisphere.

## DESCRIPTION

**Pepper Big Bertha.** Annual. 4-7in/10-18cm fruits. Remains green if picked early turns red when mature. Thick walled, sweet flesh. Used in many dishes. Companion plant to Parsley.

### Yellow Pepper/Golden Bell.

Dwarf plant grows well in pots or window boxes, small, sweet yellow fruit, thick walled add a splash of color to dishes. Matures in approximately 70 days.

**Green/Red.** Remains green if picked early turns red when mature. Thick walled, sweet flesh. Companion plant to Parsley.

### Chocolate Pepper.

Prolific, bears medium sized dark green fruit, maturing to rich chocolate brown. The flesh is brick red hue. Tolerant of cool temp, will perform better in warmer climates. Mature in app 65 days. Grows to 45cm/17.7in.

### Orange Pepper.

Contains high levels of Vitamin C. Is both juicy and sweet. Orange and yellow varieties are not heavy yielding capsicums and may need higher temperatures for maturity

### Pepper Purple Beauty.

Annual. Prolific fruiting, bearing medium fruit maturing to rich purple-red. Tolerant of cool temp, will perform better in warmer climates. Mature in app 70-75 days.

**Blushing Beauty.** Produces high yields of 4in/10cm fruits that start out as an ivory white color, developing into a golden/orange before turning bright red upon maturity.

**Mandarin.** Peppers are elongated with thick walls and distinctive pumpkin

orange colored flesh. Sweet flavor. 6in/15cm.

**Lilac.** Start out as a lilac color and develop into a rich red when mature. 3.5in/9cm long fruits.

**Redskin.** Compact plants produce high yields 4-5in/10-12.7cm long fruits. Great in containers.

**Red Delicious.** Known for their unique apple-like taste. Fruits can grow to a width of 3in/7.5cm.

**Big Early Red.** High yield of very large, sweet, elongated, thick walled, fruit up to 8"x 5". Harvest early as green fruit or ripen to bright red. 80 days to mature.

**Cajun Belle.** Changes from green to red when mature. small bell peppers with a combination of sweet and mild but spicy heat. This pepper adds great flavour to any dish. 60 days.

**Cute Stuff Red.** 56 days to ripe fruit, 42 days for green. This apple-shaped mini-bell variety has an excellent sweet taste and is perfect for fresh eating or stuffing. high yields. Produces up to three times more than other peppers.

**Fat n Sassy.** Good yields of huge 4"/10cm sweet bell peppers. Green to red when mature. Early variety is thick walled and very sweet. Excellent in salads, sauteed, or stuffed. Disease Resistant. 61 days to maturity.

**Flamingo.** 3" tapered fruit, turns ivory to pink and later to orange red, very sweet, high yield,

**Flexum Sweet.** Thick-walled, upright fruits, crunchy 7"x 3" long from light green to orange to brilliant red. Hardy, 24" tall plants are compact and attractive, with multiple sets of 4 oz. fruits. 65 days to maturity.

**Better Belles.** early, produces thick-walled, tasty fruit 5-6 in. across. Compact and vigorous, high-yielding The fruit matures from green to deep orange,

**Lilac.** Fruit start out as lilac color and develop into a rich red when mature. Keeps their color when cooked.

**Lamuyo Sweet.** Plant produces good yields of 6" x 3" elongated sweet peppers, from green to bright red when mature. Excellent for salads and frying. Disease

Resistant. 75 days. H24-36in/60-90cm

**Orange Blaze.** great flavor, early maturity, easy-growing and disease resistant. 2-3 lobed fruits are 4" long and 1.5" wide 65-70 days to maturity.

**Red Delicious.** unique sweet apple-like taste. Even when green, the flavor's sweet and mild. Fruits 3" across. Superb in salads, sauteed, roasted or grilled. 60 days/green, 80 days

**Pepper Colossal.** A high-yielder with extra-large, well-formed fruits whose walls stay firm and crunchy even when fully ripe. Mature from medium-green to bright red, and set well even in adverse, cool conditions.

**King Of The North.** An exciting bell pepper for short-season growers. This variety produces nice, blocky fruit that are nicely flavored when picked green or red. Plants are productive even in most of the northern areas.

**White Bell Pepper.** These white (or albino) peppers are great for gourmet salads. This sweet bell pepper will stay white for a long time before turning red.

**Giant Macroni Sweet.** Large, tapered fruits are 8" long x 3" wide and can be picked green or left on the plant a little longer and harvested red. The fruits mature earlier to red than other varieties. Enjoy this wonderful pepper about 72 days after planting.

**Gypsy.** This yellow, thick-walled sweet pepper that is every bit as good as bell varieties. A long 15-18cm (6-7") pepper, it tapers to a point. We love the extra sweetness when it turns red.

**Lispiel Sweet.** These ruby red pimiento-type peppers are some of the sweetest, most delicious available. Pick them when they're green or red! Produces tons of oblong 4-in. fruits, even in a cool summer. Perfect for past as, roasting or fresh in salads and salsas. 70 days.

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Any enquiries can be directed to:  
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