

# ANOTHER HERB HERBERT FACT SHEET



SPECIAL INTEREST HERBS

## NO MORE MOWING

### Lawn Herbs

Lawn Chamomile, Creeping Thyme,  
Pennyroyal, Corsican Mint



**I**NTRO  
Herb lawns can be planted in paths, squares, between paving, under clothes lines or beneath seats for a fragrant cushioned foot rest.

It is advisable not to plant too large an area as they can require a certain amount of care, mainly weeding and watering in the summer months.

**D**ESCRIPTION  
FLOWERING  
LAWN  
CHAMOMILE  
(*Chamaemelum  
nobilis*)

The flowering variety is a hardier form and responds well to mowing. The flowering stems can reach a height when flowering of 50cm/20ins. These can be kept at ground level by mowing 3-4 times a year. The sides can be left for a nice effect as a flowering border.

NON-FLOWERING LAWN  
CHAMOMILE  
(*Chamaemelum nobilis*  
'Trenegue')

This non-flowering form is slower growing but the advantage is that it only reaches a height of 6cm/2.5in, making it ideal as a lawn that doesn't require mowing.

CREEPING THYMES  
(*Thymus* sp)

There is a nice selection available. The wild creeping Thyme (*Thymus seryphyllum*) is the hardiest and most vigorous. Available forms are T.s. 'Albus' with green foliage and

white flowers; T.s. 'Aureus' with golden foliage and pink flowers; T.s. 'Coccineus' with green foliage and deep crimson flowers. Woolly Thyme, *T. lanuginosus* has soft grey, hairy leaves and lilac flowers. All are vigorous and hardy and require sunlight.

CORSICAN MINT  
(*Mentha requienii*)  
This plant can tolerate some shade and also full sun if enough moisture is provided. It's appearance is not unlike Baby Tears, but has a very strong, pleasant, peppermint fragrance.

LAWN PENNYROYAL  
(*Mentha pulegium prostrata*)  
Low creeping stems. Pungent peppermint scented leaves. This variety grows completely prostrate, unlike the regular pennyroyal that can reach 20-30 cm when flowering.

**U**SES  
Chamomile flowers are not generally used for herbal teas as they can be too bitter. The German Chamomile is best suited for this. The flowers can be used however to make an infusion to be used as final rinse after shampooing your hair.

Creeping thymes can be used as a lawn for low traffic areas. Try planting a mix of varieties to create a stunning patchwork display when they flower.

Pennyroyal repels fleas and ants if grown near pathways.

**C**ULTIVATION  
To prepare ground, dig weeds out thoroughly. It may be necessary to use a systemic herbicide to eradicate all stubborn weeds, particularly those with underground runners.

Dig in compost or manure and any other organic material to prepare ground for planting. Water in well.

Plant new plant pieces 10-15cm/4-6ins apart. Water in well and apply a regular application of fertilizer to keep it lush.



Any enquiries can be directed to:

HERB HERBERT P/L PO Box 24 Monbulk Victoria 3793 Australia

E-mail: [herb@herbherbert.com](mailto:herb@herbherbert.com)

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