

ANOTHER  
**HERB HERBERT**  
FACT SHEET

SPECIAL INTEREST HERBS

# BIRD GRASS

Does your bird need a treat or a few vitamins?



**I**NTRO  
All animals have a built in ability to know what to eat in order to balance

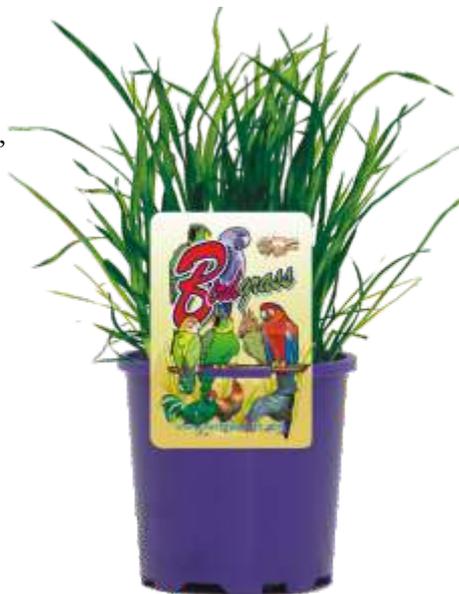
their diet and to aid in the recovery of certain ailments. Unfortunately a lot of domestic animals are reliant on their human counterparts to ensure they get that correct diet. Bird Grass is one of those plants that animals, will instinctively seek out to help them replace essential vitamins and minerals that they are lacking.

medicinal properties. Bird Grass is also suitable for dogs, guinea pigs and rabbits.

**C**ULTIVATION  
Prefers full sun and moist, well-drained soil. For birds kept indoor Bird Grass can be grown in pots and brought inside for a short period of time, or kept on a sunny window sill. Be sure that it doesn't dry out. Can be cut back hard to rejuvenate growth.

Pet Grass can be grown all year round. The grass is ready to eat when 7-10 cm tall. Place the plant in good light but not full sun. Ensure it does not dry out. A tip, basically no plant does well indoors, they start deteriorating the day they are brought in so it would be recommended to have a minimum of 2 plants, 1 for inside and 1 for outside and swap as often as you can to keep the plants fresh. If it rains try to put both plants out, the rain does wonders rejuvenating for plants.

**D**ESCRPTION  
Dactylis glomerata, Bird Grass, is a dense clumping perennial grass. The finely pointed, arching leaves arise out of tufts of stiff stems. Panicles of densely clustered spikelets appear in summer.



**H**ARVEST  
Fresh leaves are more potent as much of the essential oil content is lost when the leaves are dried. It is best to harvest leaves prior to flowering. The grass is ready to eat when 7-10 cm tall.

**S**ES  
The young green shoots of this freshly growing Bird Grass provides your birds with a ready supply of essential vitamins and minerals often missing from the diets of pets who spend much of their lives indoors. They instinctively seek out and eat it for its nutritional and



Any enquiries can be directed to:

HERB HERBERT P/L PO Box 24 Monbulk Victoria 3793 Australia

E-mail: herb@herbherbert.com

This Herb description is for informal use only; we cannot accept any liability for any harm or illness arising from the misuse of the plant described above

www.herbherbert.com