

ANOTHER
HERB HERBERT FAVOURITE HERBS
FACT SHEET

Oregano Dittany of Crete

Origanum dictamnus

There are 36 species of perennials and sub-shrubs in this genus, which is Eurasians distribution.

About 20 are grown as ornamentals, for their attractive, aromatic foliage and purple-pink to white flowers, which in certain species are surrounded by conspicuous bracts. The name Origanum comes from origanon ("bitter herb"), the original Greek name used by Hippocrates for these plants.

DESCRIPTION

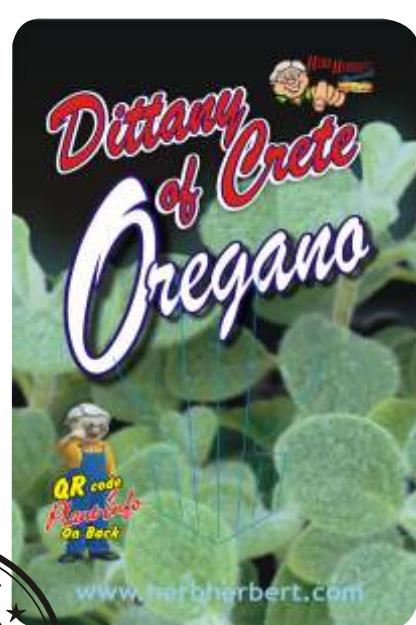
Dittany of Crete, or Hop Majoram. Perennial. Has healing, and aromatic qualities. Grows wild on Crete, Greece. It is widely used for food flavouring and medicinal purposes, also as an ornamental plant. Has very distinctive woolly white-grey hair on stems and round leaves, with a velvety texture. Tiny rose-pink flowers surrounded by brighter purple-pink bracts in summer and autumn. H8-10in.

PARTS USED

Whole plant, leaves, oil

PROPERTIES

A pungently aromatic Herb.



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